

CCAR is providing an innovative peer-to-peer recovery support service. **Telephone Recovery Support (TRS)**. In collaboration with DMHAS, CCAR is offering weekly telephone recovery support service to people in recovery for a period of twelve weeks just to “check in” and see how they are doing. Follow-up calls would be made by trained CCAR volunteers. TRS is offered at all CCAR Recovery Community Centers (RCC) which are recovery oriented sanctuaries anchored in the heart of the community. RCC’s are places where Recovery Support Services are delivered.

Recovery Support Services

All-Recovery Groups

Recovery Training Series

Family Support Groups

Recovery Coaching

Recovery Social Events

Recovery Housing Project

Telephone Recovery Support

TRS helps reduce relapse and enhances the recovery not only for the recoverees, but for the volunteers as well. Providers can enroll clients at intake.

“When I was using, my phone never rang and I wanted it to. I remember just sitting there, staring at the phone wishing someone would call me, talk to me, possibly help me. Now I’m in recovery. For me, TRS is the perfect way of giving back by making that phone call that I never got.” Curtiss K. TRS Volunteer

For more information about TRS please contact any of our community centers or visit our website

www.ccar.us

Hartford	860-244-3343
Willimantic	860-423-7088
New London	860-440-3585
Bridgeport	203-332-3303

In the spirit of “KISS”, a one page form faxed to **877-840-2703**. We make the call and a **person** answers the phone.



The Connecticut Community for Addiction Recovery (CCAR) is offering additional support for any person in recovery.



**Telephone Recovery Support
TRS
(877) 676-CCAR**

www.ccar.us

Telephone Recovery Support Consent

I, _____, authorize Connecticut Community for Addiction Recovery to place a phone call to me on a weekly basis at the number provided below.

Name _____ Phone Number _____

Address _____

Date of Birth _____ Referred By _____ Alt. Phone Number _____

Best Time To Be Contacted _____ Spanish Speaking Only Yes / No

DO NOT leave message on Answering machine

The purpose of the disclosure authorized in this consent is to: **provide telephone recovery support.**

I understand that my alcohol and/or drug treatment records are protected under the Federal regulations governing Confidentiality of Alcohol and Drug Abuse Patient Records, 42 C.F.R. Part 2, and the Health Insurance Portability and Accountability Act of 1996 (HIPAA”), 45 C.F.R. Pts. 160 & 164 and cannot be disclosed without my consent. I also understand that I may revoke this consent at any time. I understand and agree to the following:

1. I grant permission for a volunteer from Connecticut Community for Addiction Recovery (CCAR) to call me at the following address and telephone number to support me in my recovery.
2. Each time the CCAR volunteer calls, he/she will be asking me how my recovery is progressing and if I am in need of additional support (i.e., meetings in area, recovery community centers, safe/sober housing, social events, other resources)
3. At the time of a call, if I am in need of a referral to a treatment program or detox unit, I will be assisted in finding a program, if I so desire.
4. At any time I may decide not to take part in this service, I will call CCAR at 1-877-676-CCAR or tell the volunteer when he/she calls.

Date

Signature of Client

Fax to: 1-877-840-2703

