



Support recovery!



Volunteer Newsletter

Connecticut Community for Addiction Recovery

Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.
— Margaret Mead, anthropologist

1st Annual Volunteer Recognition Dinner

CCAR celebrated its 1st Annual Volunteer Recognition Dinner at the Hawthorne Inn in Berlin, Connecticut on Saturday April 22, 2006.

A total of 145 guests arrived on the damp rainy evening to support and celebrate the accomplishments of their fellow volunteers, family members and friends. CCAR recognized 80 volunteers with a dinner, certificate of appreciation and a custom made lapel pin stating "CCAR Volunteers Make a World of Difference".

The Presidential Service Award was presented to three volunteers as a result of their accumulated hours. Keith Sawyer from Windham Recovery Center received the Gold Award for 1230 hours of service, June Selligman from Windham



received the Bronze Award for 218 hours of service and The Perception House from Windham received the Bronze Group Award for 200 hours of service.

Entertainment for the evening was provided by Mark Lundholm, a nationally known comedian and inspirational speaker who took the audience on a roller-coaster ride of emotions that ended in a standing ovation! After the event favorable remarks flooded in by email, cards and phone calls. The thoughtful responses were:

"The energy of the evening was incredible."

"This will encourage volunteers to do more."

"Volunteers in Windham Recovery Center want to be like Mark."

"Mark was superb – he didn't offend anyone, pushed the crowd and captured the audience both individually and collectively."

"...it was absolutely flawless."

"The event was well organized, ran smoothly, and well, just done in a 'classy' manner."

"Nice time is a grand understatement. The word from other volunteers (and on the street) is that everyone thought it was a magnificent way to recognize volunteers!"

Next years event will take place on Saturday, April 21, 2007. Come join us for a night you won't forget!

Spring/Summer 2006

Volunteer Mission

The Volunteer Program of CCAR supports the CCAR Mission in organizing the recovery community and its ability to care. To provide a variety of effective peer-to-peer recovery support services that addresses the needs of the recovery community.

Core Values

We engage in a participatory process.

We listen to our membership and attempt to incorporate their suggestions.

We promote the primacy of individual recovery.

We continue to identify, nurture and develop leadership from within the recovering community.

We ensure cultural diversity and inclusion.

We look for opportunities for individuals to use their gifts and develop their strengths.

Recovery Walks! 2006



Last year, 2000+ individuals showed up at our walk to show their support for recovery from alcohol and other drug addiction.

We are proud to say that this year there will be 30 states that have scheduled a Recovery Walk! for the same day! This means that there will be national coverage.

Over the years, CCAR has relied

heavily on the support from our volunteers for this event!

Recovery Walks would not be able to be as successful as it is without the help of volunteers!

If you would like to participate as a volunteer for the Recovery Walks 2006! ask the Senior Peer Service Coordinator at your local Recovery Center for more details

or you can log on our website at www.ccar.us for additional information and volunteer applications!

We will also be registering Teams for the Walk. So, if you would like to register as a Team Captain—there is still time!

"You do make a world of difference!"

Upcoming Trainings

Religion and 12 Step Recovery
Windham Chapter, August 7, 2006

Becoming A CCAR Ambassador
New London Chapter, August 14, 2006
Hartford Chapter, August 30, 2006

Volunteer Training
Bridgeport Chapter
Part I—August 10, 2006
Part II—August 17, 2006
6:00 p.m.—8:30 p.m.